

## Welcome to The Cotteridge Church

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Sunday 21st February 2021:

Heavenly Father,
your Son battled with the powers of darkness,
and grew closer to you in the desert:
help us to use these days to grow in wisdom and prayer
that we may witness to your saving love
in Jesus Christ our Lord. Amen

Our calling: "The calling of The Cotteridge Church is to respond to the Gospel of God's love in Christ and to live out its discipleship in worship and mission"

Readings: Genesis 9 .8-17

Psalm 25 .1-10 1 Peter 3 .18-22 Mark 1 .9-15

Readings for this week and next week, together with Bible Study notes, children's activity sheets, and a choice of worship material are available on the resource site www.mjclaridge.co.uk

### **Prayer Column**

## **Events this Week**

## **Tuesday 23rd February**

10:30 am Praying through change

### Wednesday 24th February

7:30 pm Worship on Zoom

## **Thursday 25th February**

7:30 pm Lent Course (Zoom)

### **Sunday 28th February**

10:00 am Mike's Weekly Reflection (online)

12:00 pm Coffee (Zoom)

#### **Notices for the Week**

### Women's World Day of Prayer

The service is March 5th, "Build on a Firm Foundation", looks at islands on the other side of the world called Vanuatu. The service will be held virtually with contributions from St Nicolas, Hawkesley and Immanual, Kings Norton. Hazel Nash has a few booklets if you would like one. Contact her on 0121 459 6823

# **Traidcraft at COTTERIDGE -** The new catalogue is now released. if you would like a

copy please let ROGER OR JANE know. The next order is going to traidcraft on sunday or Monday. Holy Habits - Following Jesus £6.99 is the book for the Lent Course (see separate notice). Please ring Jane o7800815074 or Roger on 07721 526854 to order. Home delivery service available. NB: At last Living in Love and Faith has arrived 19.99

Praying through Change - is meeting by phone and email. The next meetings are January 26th; February 9th and 23rd; March 9th, 23rd and 30th. All at 10.30am. Details from Linda Mann: normanmann@blueyonder.co.uk or 0121 608 2088 or Hazel Nash:

nash\_hazel@hotmail.com or 0121 459 6823

## B30 Foodbank – WEEKENDING February `13<sup>th</sup> 2021

## How to get emergency food

Clients needing emergency food are referred to B30Foodbank by E-Voucher through a referral agent.

**Or** call CITIZENS ADVICE 08082082138 Or call BIRMINGHAM CITY COUNCIL on 0121 216 3030

Or call The Project on 0121 453 0606 Whats App 07974 106813

### Distribution of food

Clients or their representatives will need to collect the parcels from B30Foodbank, Quaker Friends Meeting House 23aWatford Road B30 1JB on Tuesday and Friday between 1.30 and 3.30pm.

#### **Last Week**

We received in donations of 1767k and gave out 2634k, 1570k to 135 clients and 1064k to other foodbanks or similar.

Grateful thanks to those who organise street

collections Ashmore Road, Beaumont Road, Highbury Road, Northfield Road, 'Pineapple Road, Third Avenue, Teazel Avenue and which raised 355k

### urgent list

UHT semi-skimmed milk (green), UHT whole milk (blue), porridge, potato smash, disposable razors, non-gender-specific shower gel, shampoo, sturdy bags for life

### Low in stock

Tinned meat (ham, corned beef, pulled pork, pork slices); tinned fruit in juice, tinned or packet custard (not powder), sugar (500g bags not kilo bags), instant coffee (not decaffeinated), jam, honey, peanut butter, long-life fruit jugs, tinned tomatoes, tinned spaghetti, tinned rice pudding, pasta sauces, tinned fish (not tuna), soap bars, toothbrushes (single or pairs wrapped), toothpaste, sanitary towels (not tampons).

Well stocked and do not need Backed beans, tea bags (40 or 80 bags), pasta shapes, dry spaghetti, instant hot chocolate (made up with water, not milk), tinned macaroni cheese, tinned vegetables and pulses, tinned/packet soup, tinned tuna, tinned potatoes, rice, treats/snack bars, crisps, squash, tinned meat products (meat balls, sausages in beans, spaghetti Bolognese), dairy-free milks, gluten-free items, noodle pots/sachets, biscuits, cooking ingredients, eggs, decaffeinated drinks, large bottles of coke/pop, bottled water, pet food, baby food/milk/toiletries/nappies; toilet rolls, plastic carrier bags

## Cannot distribute Anything with even a small trace of alcohol in

**Foodbank App.** The app is updated weekly. Go to your app provider and download Foodbank Redemption Media and then open B30. Warehousing:

Warehouse, is at 17 Castle Rd, Kings Norton Business Park, B30 3HZ. 2.00-4.00 on Tuesday and Friday.

B30 Foodbank, The Cotteridge Church, 24 Pershore Road South.

info@b30foodbank.org.uk 07582 143972 B30 Foodbank is part of the Trussell Trust's UK-wide foodbank network

## Lent Study Group Thursdays 7.30-8.30 on Zoom

We'll be holding a Lent Course this year. The group sessions will be on Zoom but the booklets are 'self contained' and it's possible to participate by yourself if you wish. The course book is *Holy Habits following Jesus* - Price £6.99 and available via the bookcentre. Delivery can be arranged. If you would like a copy please let Roger or Jane know.

### The Zoom sessions are:

February 25<sup>th</sup> (LENT 1) Jesus guided by Jesus March 4<sup>th</sup> (LENT 2) Jesus serving with gladness March 11<sup>th</sup> (LENT 3) Jesus sharing bread March 18<sup>th</sup> (LENT 4) Jesus praying March 25<sup>th</sup> (LENT 5) Jesus making disciples Log In details are in Mike's weekly letter or email him at mike.claridge@thecotteridgechurch.org.uk