

Welcome to The Cotteridge Church

Sunday 7th February 2021 :



The church building is currently closed for worship.

Loving God,
the light of the minds that know you,
the life of the souls that love you,
and the strength of the wills that serve you:
help us so to know you
that we may truly love you,
and so to love you
that we may truly serve you,
whom to serve is perfect freedom;
through Christ our Lord. Amen.

Our calling: "The calling of The Cotteridge Church is to respond to the Gospel of God's love in Christ and to live out its discipleship in worship and mission"

Readings: Isaiah 40 .21-31
Psalm 147 .1-11, 20c
1 Corinthians 9 .16-23
Mark 1 .29-39

Readings for this week and next week, together with Bible Study notes, children's activity sheets, and a choice of worship material are available on the resource site www.mjclaridge.co.uk

Prayer Column

Events this Week

Tuesday 9th February

10:30 am Praying through change (web)

Wednesday 10th February

7:30 pm Worship on Zoom

Thursday 11th February

7:30 pm JCC (Zoom)

Sunday 14th February

10:00 am Mike's Weekly Reflection (online)

12:00 pm Coffee (Zoom)

Notices for the Week

Traidcraft at COTTERIDGE - Another order is about to arrive which contains mango jam, Zaytoun Medjoul dates, apricot and raisin bar, demerara sugar, muscovado sugar and white

sugar and chocolate with ginger and orange.

Holy Habits - Following Jesus £6.99 is the book for the Lent Course (see separate notice).

An alternative book for Lent is Lent talks from the BBC radio 4 also £6.99. Please ring Jane 07800815074 or Roger on 07721 526854 to order. Home delivery service available. **NB:** At last Living in **LOVE AND FAITH** has arrived. 19.99 .

Thanks from Birmingham City Mission

BCM'S Toylink relies on hundreds of volunteers, donors, fundraisers.

In 2020, a year so difficult for many, we saw huge generosity from schools, companies and churches as well as individuals. This year 1230 families were helped - that's 3000 children! Please accept a big thank you to all at The Cotteridge Church who donated by whatever means to our appeal, bringing happiness to so many needy children at Christmas.'

Praying through Change - is meeting by phone and email. The next meetings are January 26th; February 9th and 23rd; March 9th, 23rd and 30th. All at 10.30am. Details from Linda Mann: normanmann@blueyonder.co.uk or 0121 608 2088 or Hazel Nash: nash_hazel@hotmail.com or 0121 459 6823

B30 Foodbank

WEEKENDING January 29th 2021

How to get emergency food Clients needing emergency food are referred to B30Foodbank by E-Voucher through a referral agent. Or call CITIZENS ADVICE 08082082138 Or call BIRMINGHAM CITY COUNCIL on 0121 216 3030 Or call The Project on 0121 453 0606

Whats App 07974 106813

Distribution of food Clients or their representatives will need to collect the parcels from B30Foodbank, Quaker Friends Meeting House 23aWatford Road B30 1JB on Tuesday and Friday between 1.30 and 3.30pm.

Last Week We received in donations of 1817k and gave out 1233k to 144 clients and 1070k to other foodbanks or similar. In JANUARY we received in 302 vouchers and fed 417 adults and 225 children 642 people in total. We received in donations 8055k and gave out 7021k to clients and 3943k to other foodbanks Grateful thanks to those who organise road collections Franklin Road, Featherstone Road, Third Avenue, Selly Park Roads, Pineapple Road, Grove Road KH, Beaumont Road and Knighton Road raising 640k

Urgent (red on app) Sugar (500g bags), UHT semi-skimmed milk (green); UHT whole milk (blue), Cereal, porridge, Disposable razors, washing up liquid, shampoo

Low in stock (amber on app) Tinned meat (ham, corned beef, pork slices, pulled pork), Tinned fruit in juice, tinned or packet custard (not powder), Potato smash, Instant hot chocolate (made up with hot water, not milk), Instant coffee, Jam, honey, peanut butter, crisps, Long life fruit juice, Tinned tomatoes, Tinned spaghetti, Tinned rice pudding, Pasta sauces, Squash, tinned fish (not tuna), Shower gel, Soap bars, Toothbrushes (single or pair wrapped), Toothpaste, Sanitary towels (not tampons), Sturdy bags for life.

Well stocked and do not need (green on app) Baked beans, teabags (40 and 80 bags), Pasta shapes, Dry spaghetti, Tinned macaroni cheese, Tinned meat products (sausages in beans, spaghetti bolonaise, meat balls, etc), Tinned Vegetables and pulses, Tinned/packet soup, Tinned Tuna, Rice, Tinned potatoes, Treats/snack bars, Bottled water, large bottles of coke/pop, Pet food, Baby food, milk, toiletries or nappies, Dairy-free milk, gluten-free items, Noodle pots/sachets, Biscuits, Male and female specific toiletries, Toilet rolls, Cooking ingredients, Plastic Carrier bags,

Cannot distribute Anything with even a small trace of alcohol in

Foodbank App. The app is updated weekly. Go to your app provider and download Foodbank Redemption Media and then open B30

Warehousing: Warehouse, is at 17 Castle Rd, Kings Norton Business Park, B30 3HZ. 2.00-4.00 on Tuesday and Friday. B30 Foodbank, The Cotteridge Church, 24 Pershore Road South. info@b30foodbank.org.uk 07582 143972 B30 Foodbank is part of the Trussell Trust's UK-wide foodbank network

Ash Wednesday, 17th February, 7.30pm.

This year's Ash Wednesday Service will be on Zoom (accessible by internet or by landline or mobile phone). Log-in details from Mike;s weekly letter or by emailing him.

Lent Study Group

Thursdays 7.30-8.30 on Zoom

We'll be holding a Lent Course this year. The group sessions will be on Zoom but the booklets are 'self contained' and it's possible to participate by yourself if you wish. The course book is **Holy Habits following Jesus** - Price £6.99 and available via the bookcentre. Delivery can be arranged. If you would like a copy please let Roger or Jane know.

The Zoom sessions are:

February 25th (LENT 1) Jesus guided by Jesus
March 4th (LENT 2) Jesus serving with gladness
March 11th (LENT 3) Jesus sharing bread
March 18th (LENT 4) Jesus praying
March 25th (LENT 5) Jesus making disciples

We are an Inclusive Church and a Fair Trade Church. www.thecotteridgechurch.org.uk :
www.facebook.com/TheCotteridgeChurch : Twitter @CotteridgeChurc : Instagram the_cotteridge_church
Mike Claridge 0121 433 5176 | Roger Collins 0121 459 4009;
News Sheet items: mike.claridge@thecotteridgechurch.org.uk | CCL 285178