

# Welcome to The Cotteridge Church

## Sunday 21<sup>st</sup> August 2022 Proper 16

**"The calling of The Cotteridge Church to respond to the Gospel of God's love in Christ and to live out its discipleship in worship and mission."**

### Prayer of the Day

Lord of heaven and earth,  
as Jesus taught his disciples to be persistent in prayer,  
give us patience and courage never to lose hope,  
but always to bring our prayers before you;  
through Jesus Christ our Lord. Amen

### Sunday 21<sup>st</sup> August Proper 16

#### Morning Worship

#### Mike Claridge

Hymns 440 158 515 681 345  
Readings Isaiah 58 9-14 Luke 13 10-17  
Readers Gill B. Susan C  
Organist Bill Cooper

### Prayer Column

#### We pray for our pastoral links:

Hazel N with Chen C Peter C Margaret E., Helen G. Beverley G, Moira J, Chris M, Elizabeth, Jane and Victoria R, Monica T, Hilary W and John Y.

#### We pray for those who are housebound and those in long term need :

Jackie J, Moira J, Joan C, Gill S, Myra D, Chris M, Beryl H, Keith and Mary K Jennifer M,

#### We pray for those who are ill or are in particular need of prayer:

Megan, Vinnie H, Mark T, Mary and KeithK, Robin, Shirley, Jenny F, David W, Norman and Philomena, Hazel N, Ken F Lauren D, Dorothy T, Geoff W

#### We remember those who have died:

Barry Jones

### NOTICES

**Roundabout:** Celia is appealing for your articles for the September edition. Please send them to her by 24th August. Many thanks.

[celia.lester@thecotteridgechurch.org.uk](mailto:celia.lester@thecotteridgechurch.org.uk)

#### Points

The next edition due out in October will be about 'Going Eco' If you would like to contribute an article or useful information or practical advice to share then please email the information anytime from now to 17 September

#### SPARK discussion / bible study groups:

After a summer break our two SPARK groups will start meeting again on the evenings of 1st Sundays from 4th September. They are currently discussing interpretations of Parables for current times.

The group that meets at Church (7.30pm) has spaces, so please just turn up or contact Jane Stephens

[Jane.stephens@thecotteridgechurch.org.uk](mailto:Jane.stephens@thecotteridgechurch.org.uk) if you are interested. The homes-based group is currently

full, but if there is more interest we can start a new group - contact Pam Waddell  
([Pam.waddell@thecotteridgechurch.org.uk](mailto:Pam.waddell@thecotteridgechurch.org.uk))

### Coffee Bar

**8.30 to 1.30 Monday- Friday**

**Saturdays 10.00 – 12.00**

### Tuesday 23<sup>rd</sup> August

10.00am Holy Communion Barbara Calvert

### Wednesday 24<sup>th</sup> August

10.00am Great Big Green Week meeting in the Pennine Way. The Great Big Green Week is the UK's biggest ever celebration of community action to tackle climate change and protect nature. More the merrier so do come to the meeting and get involved in plans for the Cotteridge Church celebration

7.30pm Worship on Zoom

### Thursday 25<sup>th</sup> August

6.30pm Choir

### Saturday 26<sup>th</sup> August

10.00am Coffee Bar

### Next Sunday 27<sup>th</sup> August Proper 17

**10.30am Holy Communion**

**Roger Collins**

**Let There be Lumens:** With ever higher energy prices we all have to be responsible for reducing energy demand where possible. We should always turn lights off after use, but it is also possible to fit low watt lights with a brighter light output (lumens). We recently changed all the ceiling lights in the chapel to 10 w LED. The power to run all eight LEDs is practically the same as one filament bulb. At the same time the room is brighter than before. Many thanks to Linda & Norman. Flowers. The flowers this week have been donated by Hazel in memory of Rita, Frank, Angela and parents from their loving families. Thank you Hazel and how good it has been to see you in church on Sundays again.

#### Readers please email any changes you make on the readers list.

Please ensure that all notices reach me by midnight on Thursday.

[revroger.collins@thecotteridgechurch.org.uk](mailto:revroger.collins@thecotteridgechurch.org.uk)

## Palestinian Delights



Everyday Eco Essentials For An

# Ethical Bathroom



The natural, botanical ingredients within these soaps, including the world-renowned Palestinian olive oil, nourish and moisturise skin, whilst supporting its natural balance.

- Nablus olive oil soap with lemon 5.00
- Nablus pure olive oil soap 5.00
- Nablus olive oil soap with rose 5.00
- Nablus olive oil soap with sage 5.00
- Nablus olive oil soap with honey 5.00
- Nablus olive oil soap gift pack 19.50

Olive oil

Dates



14.50 500m

8.95 250m



5.50

## B30 and South Birmingham Foodbank Charity No. 1197620

During July we received in 7753k (14% purchased) and gave out 6942k feeding 727 clients on 359 vouchers  
Last Week We received in 1500k (20% purchased) and gave out 1119k feeding 126 clients on 56 vouchers  
Food Drive Sainsbury Longbridge 883k on Saturday 639k on Sunday Grateful thanks to our volunteers and of course Sainsbury Customers

### Urgently Required

Tinned tomatoes, pasta sauce, cereal (not greater than 500g), tinned fish (tuna, mackerel, sardines, salmon), tinned fruit in juice (not prunes or grapefruit); sweet biscuits (not multi-packs), rice (500g), tinned/packet soup, jam/honey, long-life fruit juice (not needing refrigeration), liquid/bar soap, toothpaste, strong carrier bags, nappies sizes 4, 5 & 6.

### Low in stock

Tinned spaghetti, squash, UHT semi-skimmed milk, dog/cat food, instant hot-chocolate (not cocoa powder), instant coffee (not decaffeinated), porridge (not greater than 500g), ready-made custard (tinned/carton); UHT whole milk, tinned rice pudding, tinned/packet vegetarian meals, tinned meat (ham, corned beef, pork sandwich, pulled pork, chicken), teabags (40's or 80's), sugar (500g), chocolate and snack bars, laundry powder/liquid (not family sized), gender neutral shower-gel, gender neutral shampoo, single or duo wrapped toothbrushes, toilet rolls

### Well stocked

Pasta shapes, dry spaghetti, tinned potatoes, crisps, baked beans, tinned vegetables, noodles, instant potato, nappies size 1-3, baby food and baby care items, gender neutral roll-on deodorants, sanitary pads, baby wipes, washing-up liquid.

### Not needed at all

Decaffeinated drinks or fruit infusions, bottled water, large bottles of lemonade or coke, any food or toiletries containing alcohol, cooking ingredient or sauces, tinned macaroni cheese, fresh products (including vegetable, meat, eggs and bread), non-dairy items, gluten-free items, coffee beans, loose tea, large boxes of teabags (120's or more), very large bags or boxes of porridge and cereal, cocoa power, tampons, make up hair accessories, perfume or aftershave, Christmas items, Easter items

**Clients needing emergency food are referred to B30Foodbank by E-Voucher through a referral agent. Or call CITIZENS ADVICE 08082082138 Or call BIRMINGHAM CITY COUNCIL on 0121 216 3030**

### Distribution of food

Clients or their representatives will need to collect the parcels from B30Foodbank, Quaker Friends Meeting House 23aWatford Road B30 1JB on Tuesday and Friday between 1.30 and 3.30pm  
enquiries [info@b30.foodbank.org.uk](mailto:info@b30.foodbank.org.uk)

**DONATIONS to the B30Foodbank at the Warehouse 17 Castle Road B30 3HZ on Tuesday and Fridays between 2.00 - 4.00p.m**

### PHONE LINES

**FOR CLIENTS 07582 143 972**

**FOR DONATIONS 07985 629 201**



**The Zaytoon Collection £30 Now on OFFER £15.00**

**Cotteridge Church Book Centre  
Card Payments now accepted.**

For Orders

Jane on 07800815074 or Roger on 07721 526854