

## Calendar

### Monday 10<sup>th</sup> July

7.15 Catering Working Group

### Tuesday 11<sup>th</sup> July

10.00 Holy Communion Mike Claridge

10.00 Service of Thanksgiving for the Rev Donald Eadie at Selly Oak Methodist Church followed by refreshments in the church hall

10.30 Praying through Change

2.00 Fellowship

6.30 Brownies and Guides

7.30 Property and Management Committee

### Wednesday 12<sup>th</sup> July

7.00 Zoom Worship

### Thursday 13<sup>th</sup> July

9.30 Creation Station

10.15 Little Foxcubs

12.30 Bham Diocesan Group Meeting

### Friday 14<sup>th</sup> July

9.00 Saplings

6.15 Boys Brigade

### Saturday 15<sup>th</sup> July

10.00 Coffee Bar

### Sunday July Proper 10

10.30 Morning Worship

John Cooper

## Notices

Flowers

Thank you Linda for arranging and donating the flowers last week..this week we will have the silk arrangement and next week I will be arranging the flowers for Hazel and her family.

Thank you so much for all your donations. There are plenty of spaces so please look at the list in the Pennine way.

### The COTTERIDGE CHURCH

Minister Mike Claridge 0121 433 5176

Assistant Priest Roger Collins 0121 459 4009 07721 526854

Part time Minister Barbara Calvert 07712 1845 62

Administrator Sarah Canning 9.30 – 12.30 Weekdays

Church Telephone 0121 433 5518

## Knit and Natter

In the last few months, we have knitted 60 Easter chicks, dozens of spring lambs, hats and scarves, blanket squares and some of our very skilled regulars from Beaumont Park knitted King Charles, Queen Camilla and the Archbishop of Canterbury which was on display for the coronation in Cotteridge Pharmacy. We are going to put our needles down now and take a summer break but look forward to more exciting knitting projects when we meet again Thursday 7th September

## BOOKCENTRE

New into Stock

Zaytoun Olive Oil £15.50

Divine Dark Chocolate £2.50

Suma Apricots £4.25

## B30 & South Birmingham Food bank

Last Week we received in 1227k and gave out 1984k feeding 222 clients on 107 vouchers During June we received in 8854k and gave out 10185k feeding 1109 clients on 524 vouchers

### Urgently needed

**Sweet biscuits (not multi-packs, as they often have no ingredients listed), pasta sauce, tinned spaghetti, baked beans, tinned soup, jam/honey, chocolate bars, tinned/carton ready-made custard, small jars of instant coffee (not decaffeinated), liquid/bar soap, gender neutral shower gel and shampoo**

# THE COTTERIDGE CHURCH



## Sunday 9<sup>th</sup> July Proper 9

### Holy Communion

#### Roger Collins

Almighty God, send down upon your Church the riches of your Spirit, and kindle in all who minister the gospel your countless gifts of grace; through Jesus Christ our Lord.

**Amen**

### 10.30 Holy Communion

#### Roger Collins

**Hymns STF 88 736 248 HP 687**

Readings Matthew 11 16-19

The Offer the Longing and the Fear

Readers Linda M Jane S

Music Bill Cooper

Sound Jane S

**Activity Bags for young children are available from the stewards**

### We pray for our pastoral links

Monica T: with Lorna B., Gill B., John Co., Doreen H., Rachel H., Stephanie R., and Linda and Norman M.,

### Those in long term need

Gill S, Chris M, Beryl H, Jennifer M, Mary and Keith K,

### We pray for those who are ill or are

Megan, Vinnie H, Mark T, Robin, Shirley, Jenny F, Marion and David W, Norman and Philomena, Ken F, Lauren D, Geoff W, Keith, Lyn, FriedL Dorothy T, Sue S, Maurice and Fiona W

### Prayer Cards

Louisa W, Naomi F, Ruth R, Shenna C and family

### We pray for those who have died



**Saturday 10-12..00**



**The calling of The Cotteridge Church to respond to the Gospel of God's love in Christ and to live out its discipleship in worship and mission.**



### Bible reading Matthew 11:16-19,25-30

#### It's no yoke

THIS WEEK WE EXPLORE THE CONTRAST BETWEEN RULES AND THE WAY OF LIFE JESUS REVEALS.

This week we examine Jesus' invitation to lay down our burdens and take on his way of life instead. Religious leaders in Jesus' time had many rules for people to follow and you would be excluded from worship if you missed any. Jesus offers a far more grace-filled way for us to follow.



## WALK

Go for a walk – perhaps with a friend or family member – and simply enjoy being out and about. If/when you can, sit or lie down, look up. Isn't the sky big? Now, close your eyes and listen... Listen to far away noises. Listen to close sounds. Listen to your breathing. Listen to the still, small voice of the creator. Use pencils and paper to draw anything you heard; make it as literal or as abstract as you like. Finish by hearing your own voice as a part of creation, declaring, 'Here I am God, all that I am, I'm yours'.

## Pray



Pray in a way that may not fit your preconceptions of the 'rules' of praying. Lie down and relax on your duvets or some pillows or similar. Listen to the track 'How Can I Keep From Singing', Audrey Assad on *Inheritance*.  
<https://www.youtube.com/watch?v=L12hddmy63U>  
As you do so, continue to relax and try to feel – or keep reminding yourself about – the lightness of Jesus' yoke. From time to time say 'thank you' to Jesus that his burden is so light. Afterwards, spend a few moments thinking about what you have learned or discovered about God/Jesus by doing this.

### Bible notes



Jesus has been visited by messengers from John the Baptist and has praised his forerunner; he then offers an almost parabolic assessment of the audience that has critiqued the ministry of both men. He likens them to children playing music – happy tunes did not get the crowd dancing; dirges did not make people mourn. In short, this crowd accused both Jesus and John (no doubt egged on by their religious and community leaders) of not being what they expected. John was demonic and deranged; Jesus was a drunk and a glutton. Jesus suggests that both he and John should be judged on what they have actually done (Matthew 11.19c).

Then his tone seems to soften. Looking at the crowd he sees people weighed down by the expectations of their leaders and says he will give them refreshment, rest, life, adventure, and company. He offers peace and the kind of leadership that will result in the formation of a community where all are looked after and all will find fulfilment. There are political overtones to these words. This is not offering a withdrawal from life, nor something purely personal. Jesus is not just offering a spirituality that will help us navigate a hostile world; he is offering us a role in changing that world to fit the values of God's kingdom: a truly fulfilling life for each one of us. He is inviting us into partnership in the fulfilment of God's plans and purposes. What is wonderful is that this yoke is not ill-fitting, it doesn't weigh heavy or dig into our shoulders. Rather it is light and tailor-made to fit each one of us who answers his call.

### First impressions

- What burdens would you like to lay down?
- How would you respond to someone who said that Christianity was all about following rules?
- How can you support others who are finding things tough right now?



### A prayer to action

God, we thank you for Jesus' revelation of a different life – another way to live, to pray, to love; and we thank you for the community of care to which we belong – the Church and the life it encourages us to live. May we be one with you, one with Christ and the Holy Spirit, aspiring and enabled to live more fully, day by day, in your name. **Amen.**

## DRAW



Using coloured pencils/pens and plain paper – or if you have it, you could use the Roots colouring sheet – enjoy some mindful colouring or drawing. That is, while you are drawing and colouring, let your mind wander freely, thinking about the opportunities you might find to rest with God in the week ahead. If any cares or troubles come to mind, imagine bringing them to God and handing them over, so that you can rest.